

# Cal Poly Friday Night Live Internship

## PROGRAM DESCRIPTION

### OBJECTIVE

The Friday Night Live Internship serves as an introduction into the field of behavioral health. Interns will gain experience developing education and activities that promote emotional, psychological, and social well-being and prevent substance use disorders and related consequences among youth and young adults.

### BEHAVIORAL HEALTH AS IT RELATES TO THE FRIDAY NIGHT LIVE INTERNSHIP

- Promotion of wellbeing through awareness education, self care strategies, stigma reduction, and healthy coping skills.
- Prevention of substance use disorders and other consequences (e.g binge drinking, underage drinking, alcohol poisoning/ drug overdose, impaired driving, decreased academic success, mental health issues).

### STANDARDS OF PRACTICE

#### Safe environment

- Create a space for students to feel physically and emotionally safe to be who they are.

#### Meaningful relationships

- Provide opportunities for students to build relationships with peers, professionals, and community members.

#### Opportunities for community engagement

- Provide opportunities for students to learn about, interact with, and give back to their community.

#### Leadership and advocacy.

- Provide opportunities for students to participate in decision-making and express their opinions about important issues.

#### Skill building

- Provide opportunities for students to build specific and useful skills.

### PROGRAM REQUIREMENTS

**Cal Poly focused:** Requirements to be completed in collaboration with all Cal Poly Friday Night Live interns.



Plan and implement events that promote emotional, social, or psychological well-being.



Facilitate outreach activities with Cal Poly Friday Night Live.



Develop a campaign related to mental health, substance use, impaired driving, or other behavioral health topic.



Maintain the Cal Poly Friday Night Live social media accounts.



Attend additional coalition meetings or Behavioral Health events that align with your learning objectives.

#### Youth focused:



Partner with full-time Friday Night Live Coordinator to support youth development programming at local high schools and middle schools.



Attend weekly Friday Night Live coordinators' meeting.



Support county-wide Friday Night Live events.



Attend quarterly Friday Night Live Board meeting.

### TRAINING OPPORTUNITIES:

Mental Health First Aid Certification, Naloxone and Overdose Prevention Training, Introduction to Youth Development, Special Topics (Traffic Safety, Suicide Prevention, Vaping, Substance Use Prevention, etc.).



COUNTY OF SAN LUIS OBISPO  
BEHAVIORAL HEALTH DEPARTMENT



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## INTERNSHIP DETAILS AND LOGISTICS

### EMPLOYMENT INFORMATION

This student internship is offered through the County of San Luis Obispo Health Agency, Behavioral Health Department, Prevention & Outreach Division.

**Hours:** 10-12 hours per week during the 2023-2024 academic year.

**Compensation:** \$18 per hour

### APPLICATION PROCESS

- All applications are due by Wednesday at 5pm on June 28, 2023.
  - To apply, email your resume to Annie Jankovitz at [ajankovitz@co.slo.ca.us](mailto:ajankovitz@co.slo.ca.us).
- Interviews will be held via Zoom July 11-14, 2023
- Once you have been accepted to the internship, you are required to complete all necessary paperwork and background checks before the start of the internship. Employment is contingent on background checks.
- The internship is expected to begin week 2 of the Fall 2023 quarter.

### INTERN EXPECTATIONS

College-focused components: 4-5 hours per week

- 2 hours special project assignment
- 2 hours of meetings/trainings

Youth-focused components: 6-7 hours per week

- 2 hours direct service at assigned school site
- 2 hours prep and collaboration with full-time Friday Night Live Coordinator
- 2 hours of meetings/ trainings

Evaluation:

- Interns will be evaluated on a quarterly basis

### GET TO KNOW US!

Cal Poly Friday Night Live



@cp.fnl

SLO County Friday Night Live

[www.slofnl.com](http://www.slofnl.com)



@slo.fnl

County of SLO Behavioral Health

[www.slobehavioralhealth.org](http://www.slobehavioralhealth.org)



@slobehavioralhealth



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CONTACT ANNIE JANKOVITZ FOR MORE INFO • [AJANKOVITZ@CO.SLO.CA.US](mailto:AJANKOVITZ@CO.SLO.CA.US)